

Neurosciences and Anthroposophic Medicine: A Protocol Presentation

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Key-words: anthroposophic medicine, neurosciences, integrative therapies, rehabilitation.

Question: The neurosciences describe the perceptual phenomenon, mapping its processes in the human body in health and pathological conditions, being an important tool for clinical investigation and medical treatment approaches. The anthroposophic medicine, with scientific spiritual methods, allows a qualified biographical and body therapy approaches, improving the health. It includes, in this integrative system, medicines that consider the common evolution of human and nature. Based on this knowledge, this paper describes a clinical protocol that join neurosciences and the integrative system of anthroposophic medicine, taking in account the body, mind, soul and spirit interaction. These practices are currently developed at the Clínica de Neurodiagnose & Neuroterapêutica, Jundiaí, SP, Brazil, since 1994.

Materials and Methods: The team of the Clínica de Neurodiagnose & Neuroterapêutica applies the following anthroposophic therapies: rhythmical massage, Pressel massage, quirophonetic, Bothmer gymnastics, biography, curative education, as well as biodynamical craniosacral therapy, neuropsychology, physiotherapy, and phonoaudiology. Our protocols care surgical and clinical neurological diseases follow the cognitive, motor, and emotional clinical manifestations, as well as autonomous symptoms added to the psychogenic influences. This approach improves the balance of sensorial forces and organ revitalization, focusing on the manifestations that require more care.

Results: The following tables summarizes the main protocol of the clinical routine.

Table 1: Organs manifestations: revitalization currents

Organ		Fear	Depression	Metal
Lung Connects body and soul, world and self	Physical Organ <<Earth>>	Fear of World	Obsessive Alterations Melancholic temper	♃♄ Mercurius Ferrum
Liver Actions, decisions Interiorizes action of the self over the substance (carbohydrates, proteins)	Vital Organ <<Water>>	Fear of Life	Typical Depression Abulia, indecision, doubt	♁ Stannum
Kidney Changes of mood humor Reactive impulse	Animic Organ <<Air>>	Fear « organic « pathophobia	Inertia, gravity (weak renal irradiation)	♀ Cuprum
Heart Judgment Sense of life Enthusiasm Balance SNS/SMM	Spiritual Organ <<Fire>>	Fear of Death	Destructive depression Loss of the meaning of life	♁ Aurum

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ASOCIACIÓN DE CENTROS EDUCATIVOS WALDORF DE ESPAÑA
 ASOCIACIÓN DE TRABAJO BIOGRÁFICO

Table 2: Perceptive balance: sensorial forces

Member of Human Constitution	Volitional or Lower Senses	Senses Related to Feelings or Intermediate	Cognitive or Upper Senses
Physical	Touch ♃	Olfaction ♁	Hearing ♁
Etheric	Vital ♃	Taste ♁	Word ♁
Astral	Motion ♃	Vision ♁	Thought ♁
Self	Balance ♃	Thermal ♁	I-Sense ♁
	Physical	Animic	Spirituals

Conclusion: This work highlights the relevancy of the approaches body-mind, cause of the diseases, and preventive health practices, considering the need of integration in medical care.

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